



COCONUT FRUIT BOWL

Serves

4-6

Prep

5-10 mins

Method

Place a selection of fruit in the halved coconuts. Serve immediately

Optional

Drizzle with honey for a tasty finishing touch

Top tip:

Make your bowls tropical by adding edible colourful flowers and topping with shredded coconut, perfect for a summer get together!

Ingredients

- 2-3 coconuts split in half for serving bowls
- 200g blackberries
- 3 bananas, sliced
- 250g strawberries, sliced
- 250g blueberries
- 1 packet dried goji berries
- 2 kiwis, peeled and sliced
- 1 mango, peeled, stone removed and roughly chopped
- Honey to taste