



COCONUT FRUIT BOWL

Serves

4-6

Prep

5-10 mins

Method

Place a selection of fruit in the halved coconuts. Serve immediately.

Optional

Drizzle with honey for a tasty finishing touch

Top tip:

Make your bowls tropical by adding edible colourful flowers and topping with shredded coconut, perfect for a summer get together!

Ingredients

2-3 coconuts split in half for serving bowls

200g blackberries

3 bananas, sliced

250g strawberries, sliced

250g blueberries

1 packet dried goji berries

2 kiwis, peeled and sliced

1 mango, peeled, stone removed and roughly chopped

Honey to taste